



This 2-day course meets the OFSTED requirements and will give candidates the knowledge and confidence to provide effective first aid for their organisation.

Our price includes:

- Certificate valid for 3 years
- Dynamic & fun training
- All course material
- Realistic Casualty Simulation
- Lots of hands on practical sessions

Please contact us to discuss costings.



2-Day Paediatric First Aid Course

This course is for Early Years organisations such as nurseries, after-school clubs, crèches and childminders. It is designed to meet the requirements of OFSTED under the guidance issued by DfES.

Below is an overview of the contents of the course:

- Introduction to first aid for childcare settings
- Care of the unconscious casualty
- Dealing with an epileptic fit, shock and anaphylactic (allergic) emergencies
- Resuscitation including CPR for children and babies
- What to do if a child or baby is choking
- Control of bleeding including nosebleeds
- Common childhood emergencies e.g. asthma and head injuries
- Burns and scalds
- Fractures & head, neck and back injuries
- Poisoning, bites & stings
- Heat and cold injuries
- Febrile convulsions
- Eyes, ears & noses foreign bodies
- Medical conditions including asthma, diabetes & sickle cell
- Contents of first aid boxes and their use
- Reporting accidents and illnesses
- Questions and answers

Training is delivered using relevant practical and realistic casualty simulation techniques.

This course is delivered by one of our experienced trainers who will make the course fun, interesting, practical and relevant to your workplace.