

# CSG

COMPLIANCE STANDARD GROUP



This 3-day course meets the requirements of the First Aid at Work Regulations and will give candidates the knowledge and confidence to provide effective first aid cover for their organisation.

Our price includes:

- Certificate valid for 3 years
- Dynamic & fun training
- All course material
- Realistic Casualty Simulation
- Lots of hands on practical sessions

Please contact us to discuss costings. Ask about our in-house courses for 6+ people.

**Registered  
Member**



## 3-Day First Aid at Work

Once an employer has completed their risk assessments the potential injuries/illness that are highlighted from this process must be taken into consideration when choosing the most appropriate first aid course. Contact us if you need help or advice with this process.

First Aid at Work course content:

- Understand the role of the first aider
- Personal hygiene at first aid incidents
- The legal framework of first aid provision
- The use of first aid equipment and resources
- How to act in an emergency
- Cardio-pulmonary-resuscitation (CPR)
- Use of the Automated External Defibrillator
- Unconscious casualty
- Seizures/epilepsy
- Choking
- Wounds & bleeding
- Shock
- Injuries to bones, muscles & joints
- Spinal injuries
- Chest injuries
- Eye injuries
- Burns & scalds
- Poisoning
- Anaphylactic shock
- Heart attacks
- Stroke
- Asthma
- Diabetes
- Minor illness

Employers who identify that the above content does not fully cover their workplace potential injuries/illness should contact us to ensure that these are included in the course content. This may necessitate an increase in the course length.

Training is delivered using relevant fun practical and realistic casualty simulation techniques ensuring that candidates are kept engaged throughout the training.

This course is delivered by one of our experienced trainers who will make the course fun, interesting, practical and relevant to your workplace.

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