

Emergency First Aid at Work

Once an employer has completed their risk assessments the potential injuries/illness that are highlighted from this process must be taken into consideration when choosing the most appropriate first aid course. Contact us if you need help or advice with this process.

Emergency First Aid in the Workplace course content:

- Understand the role of the first aider
- Personal hygiene at first aid incidents
- The legal framework of first aid provision
- The use of first aid equipment and resources
- The role of the first aider
- How to act in an emergency
- Cardio-pulmonary-resuscitation (CPR)
- Unconscious casualty
- Seizures/epilepsy
- Choking
- Wounds & bleeding
- Shock
- Treatment for minor injuries (including small cuts, grazes, bruises, minor burns & scalds)

Employers who identify that the above content does not fully cover their potential injuries/illness should contact us to ensure that any additional subject/s are included in the course content. This may necessitate an increase in the course length.

Training is delivered using relevant practical and realistic casualty simulation techniques ensuring that candidates are kept engaged.

This course is delivered by our team of experienced trainers who make the course fun, interesting, practical and relevant to your workplace.



This 1-day course meets the requirements of the First Aid Regulations and will give candidates the knowledge and confidence to provide effective first aid for their organisation.

Our price includes:

- Certificate valid for 3 years
- Dynamic & fun training
- All course material
- Realistic Casualty Simulation
- Lots of hands on practical sessions

Please contact us to discuss costings. Ask about our in-house courses for 6+ people.

**Registered
Member**



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