



This course can be tailored to your business and staff needs

It can be run over 1 or ½ day course can run at your premises.

## Our price includes:

- Registration and Certification
- Dynamic & fun training
- All course materials

Please contact us to discuss costings.

## **Working at Height**

This course will address the key implications of working at height legislation and review the practical measures to be taken when carrying out work at height.

At the end of the course candidates will be able to:

- Identify hazards and risks when working at height;
- Adopt sensible precautions that comply with the requirements of the Work at Height Regulations.

## This course covers:

- What is work at heights?
- · Five steps to risk assessment
- Work at height risk factors
- · Work at height hierarchy of control
- Specific equipment safety provisions
- Fragile surfaces
- Law enforcement
- Practical risk assessment exercise

Included in this training is a practical working at height risk assessment to reinforce the theory aspects of the course.

Successful candidates will receive a certificate valid for three years.