

Possible signs and indicators of physical abuse

Bumps and bruises don't necessarily mean a child is being physically abused – all children have accidents, trips and falls.

There isn't one sign or symptom to look out for and children may try to conceal injuries. But if a child often has injuries, there seems to be a pattern or the explanation doesn't match the injury, then this should be investigated.

 Commonly on the head but also on the ear or neck or soft areas – the abdomen, back and buttocks. Defensive wounds commonly on the forearm, upper arm, back of the leg, hands or feet. Clusters of bruises on the upper arm, outside of the thigh or on the body. Bruises with dots of blood under the skin. A bruised scalp and swollen eyes from hair being pulled violently. Bruises with dots of blood under the skin. A bruised scalp and swollen eyes from hair being pulled violently. Bruises in the shape of a hand or object. Can be from hot liquids, hot objects, flames, chemicals or electricity. On the hands, back, shoulders or buttocks; scalds may be on lower limbs, both arms and/or both legs.
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A clear edge to the burn or scald.
 Sometimes in the shape of an implement, such as a circular cigarette burn.
Multiple burns or scalds.
Bite marks • Usually oval or circular in shape
,
 Visible wounds, indentations or bruising from individual teeth.
Fractures or Fractures to the ribs or the leg bones in babies.
broken bones
 Multiple fractures or breaks at different stages of healing.
Other injuries • Scarring
and health
 Effects of poisoning such as vomiting, drowsiness or seizures.
Respiratory problems from drowning, suffocation or poisoning.